

FICKLE GIRL HAS DEFENDER WHO LAYS BLAME ON MERE MAN—CHOCOLATE IN COOKING

CHOCOLATE RECIPES GIVEN BY MRS. WILSON

Two Kinds of Icing, Filling for Cake, a Delicious, Cooling Punch and Others You Will Like to Try—Interesting Facts About the History of This Delicacy

By MRS. M. A. WILSON (Copyright, 1919, by Mrs. M. A. Wilson)

THE earliest history of chocolate comes from Mexico, where the Aztecs claim the discovery of this wonderful food product.

In 1520 the Spanish buccaniers brought the chocolate to Spain, where it soon found great favor with all classes of people.

There is an old legend told in the Mission Valley in Mexico of a famous monarch, Montezuma, who served chocolate from a wonderful bowl of hammered gold with a magnificently carved golden spoon to his guests of state on high days and holidays.

Each seed is covered with a thin brittle covering. As soon as the seeds are gathered they are placed in piles to ferment or sweat.

The average cacao tree grows to the height of twenty to thirty feet. The tree begins to bear fruit when about four years old and about six and a half to seven inches long.

Many delicious beverages and dishes are prepared with both chocolate and cocoa. Chocolate is rich in oil, cocoa butter, starch and gluten and it has a wonderful sustaining power.

The United States is the largest chocolate and cocoa consuming country in the world. Commercial cocoa is sold in powdered form with a portion of the fat removed.

The white streaked appearance of chocolate when kept in stock for some time is due to the heat.

To prepare the chocolate as a beverage it is necessary to boil or cook it thoroughly.

How to Prepare Chocolate The Mexican epidemic long ago discovered that to make chocolate successfully, it is necessary to heat it continually and be thus perfected a chocolate whip which is a wooden beater with a number of wooden rings fastened to it.

The French use a number of switches, bound into a whip. The American housewife uses a flat wire whip for this purpose.

Cocoa—Place in a saucepan three-fourths cup of water and two level teaspoons of cocoa for each cup of cocoa desired.

Chocolate—Use three ounces of chocolate to one quart of water. Cut the chocolate fine and then add the water and stir continuously.

One tablespoon of whipped cream may be added to each cup just before serving.

Chocolate Punch Place one-half pound cake of chocolate, cut into small pieces, in a saucepan and add two quarts of water.

Chocolate Sauce Place four ounces of chocolate cut into five pieces into a saucepan and add one pint of water and one and one-half cups of sugar.

is dissolved and then bring to a boil; cook for ten minutes and then add

Four tablespoons of eggstarch, dissolved in

One-half cup of water.

One teaspoon of cinnamon.

Bring to a boil and stir continuously and cook for five minutes. Cool and then add one tablespoon of vanilla.

Place in a fruit jar and store in a cool place. This sauce is used for puddings, pastries, cakes, ice cream, sundaes and chocolate soda.

Chocolate Filling for Cakes, Etc., Made From Cocoa Place in a saucepan

One cup of sugar.

One cup of water.

One-half cup of cocoa.

Two tablespoons of eggstarch.

One teaspoon of cinnamon.

Stir until the starch is dissolved and then bring to a boil.

Chocolate Rice Pudding Wash one-half cup of rice in plenty of warm water and then place two and one-half cups of boiling water in a saucepan and add the rice.

Chocolate Icing Three ounces of chocolate.

One tablespoon of butter.

Four tablespoons of boiling coffee.

One-half teaspoon of cinnamon extract.

Two teaspoons of vanilla.

Two tablespoons of butter.

The prepared icing.

Mix well and then pour into a baking dish and bake for forty minutes in a moderate oven.

Cocoa Icing One and one-half cups of XXXX sugar.

One-half cup of cocoa.

One tablespoon of eggstarch.

One-half teaspoon of cinnamon extract.

Two teaspoons of vanilla.

When the growing child complains of hunger give him a cup of chocolate or cocoa and plenty of good bread and butter, spread with jam, in place of so much meat.

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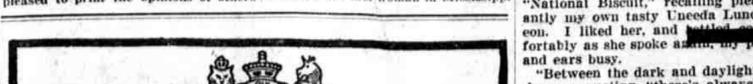
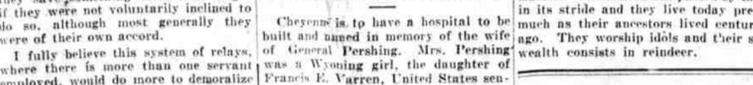
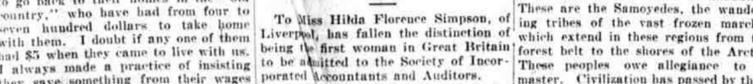
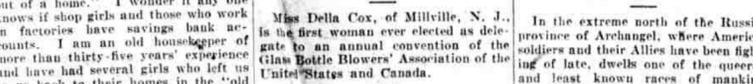
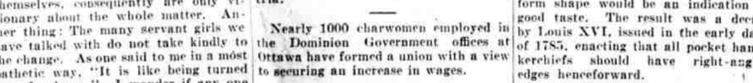
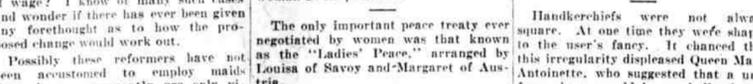
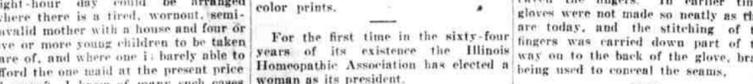
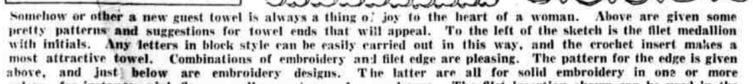
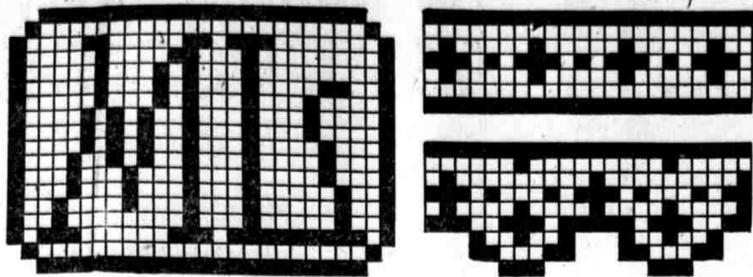
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FILET AND EMBROIDERY TOWEL ENDS



Somewhat or other a new guest towel is always a thing of joy to the heart of a woman. Above are given some pretty patterns and suggestions for towel ends that will appeal.

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Please Tell Me What to Do

By CYNTHIA

Real Love is Scarce

Dear Cynthia—I dash up once more to this queer, interesting, fascinating, verbal battlefield of "Please Tell Me What to Do" in order to convince Miss "Helen II." that she does me wrong and, with an overwhelming barrage of pen thrusts, defend the honor of the ancient "nonsensical dreaming" and "sickening" love, as she terms it.

Love of woman makes or unmakes a man. Since there is so little real love existent, why wonder at the strange absence of manly qualities?

Love, and not the "jazzy" or "corny beef and cabbage" sort, is the only thing there is to live for. Eliminate it and all is void—as so many young couples are finding out to their distress.

While I really cannot, in justification, apologize for what wrong I did I'm back in "civvies." Besides, it makes one think of an old grudge with a walrus mustache and Mephistophelean beard!

The Keeping Up Hope Club Dear Cynthia—As the days go by I become more and more interested in the Keeping Up Hope Club started by Lieutenant B.

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THIS READER BLAMES MEN FOR GIRLS' FICKLENESS

Scores Them on Their Insincerity and Claims Young Women Might as Well Outdo Them at Their Own Game

AN unusual letter to the woman's page "A Twenty-Year-Old Girl of Today" rises to defend her sex against the constant charge of fickleness, lightness, insincerity and all of the many accusations brought up against girls in general.

This young woman lays the burden of the blame on the boys themselves, characterizing the average one as fickle, insincere and undependable before marriage and absolutely lacking in the partnership idea after marriage.

"I've read," she says, "about the fickle girl, the girl who isn't satisfied to stay at home after marriage and be the ideal wife and mother, the camouflage used by girls and your various other articles.

"But is the boy of today more genuine than the girl? It's the fellow who generally finds out first that he cares for the girl, and after he's finally taught her to care for him his interest ceases.

"We're 'wild' in their opinion, and consequently we think as long as 'we' have the name we might as well play the game and enjoy ourselves, too. If we can't have partnership we want nothing; if we can't be the other half we prefer to be nothing."

There, dear friend, lies woman's hope for bringing partnership and fate play into her marriage, into her engagement or into mere budding friendship with a man.

Well, then, let the girl of the hope chest chuck it out the window and go forth and show her young man this, that this is not the day when a young woman has to stand and moan, with beating heart, near the parlor window, wondering whether he will or he will not come.

That is the true way to "show" the young man who teaches a girl to care and then ceases to care himself. Go out and accomplish something, however small it may seem.

Every pledge promptly and fully paid saves collection expense.

It is not by chance that we do the largest fur repairing and remodeling business. We have the most modern workrooms, where only skilled labor is employed all the year around.

Work done now at a third below regular season's prices. "Pay the cost in the Fall."

Mawson & DeMany 1215 Chestnut Street

Buy Now

FAMOUS READING ANTHRACITE

Heat and Steam Without Smoke

The Philadelphia and Reading Coal and Iron Company

in life besides count the number of cocktails they can consume.

You are right. Women were not made to be servants to men. They were made to be wives—partners. And they can be. But only when all girls become brave and refuse to put up with fickleness, insincerity and indifference.

What have readers to say on the subject?

The fact that a chemist happens to be worn out around the top is no reason for throwing it away. It can still be used as a dust cloth, if for nothing else.

Age waited for the truth. Age smiled to see my smiling face. The joy, the light thereof. And whispered soulfully to me. "Buy love, my boy, buy love!"

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THE EMPLOYER'S SIDE OF THE EIGHT-HOUR DAY FOR SERVANTS

To the Editor of Woman's Page:

Dear Madam—There are usually two sides to an argument, but the reformers who are agitating the servant-girl problem do not seem to have considered the health, comfort or convenience of the employers who pay for their work.

Could any of them kindly give instances or instructions as to how the eight-hour day could be arranged where there is a tired, worn-out, semi-invalid mother with a house and four or five or more young children to be taken care of, and where one is barely able to afford the one maid at the present price of wages?

Possibly these reformers have not been accustomed to employ maids themselves, consequently are only visionary about the whole matter.

I fully believe this system of relay, where there is more than one servant employed, would do more to denormalize a household and break up homes than anything I can think of!

Miss Della Cox, of Millville, N. J., is the first woman ever elected as delegate to an annual convention of the Glass Bottle Blowers' Association of the United States and Canada.

To Miss Hilda Florence Simpson, of Liverpool, has fallen the distinction of being the first woman in Great Britain to be admitted to the Society of Incorporated Accountants and Auditors.

Mrs. Hugh L. White, of Columbia, Miss., who has been appointed trustee of the State Industrial and Training School, is the first woman in Mississippi

on the proposed eight-hour day for servant girls now being seriously discussed.

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to be honored with a position as trustee of any state institution.

In her capacity as secretary of the Association of Government Labor Officials of the United States and Canada, Miss Linna Brestete, of Topeka, is preparing the program for the organization's annual convention to be held next month at Madison, Wis.

On the backs of most gloves will be found three thin stripes. These marks correspond to the fourchette pieces between the fingers.

Handkerchiefs were not always square. At one time they were shaped to the user's fancy.

In the extreme north of the Russian province of Archangel, where American soldiers and their Allies have been fighting of late, dwells one of the queerest and least known races of mankind.

These are the Samoyedes, the wandering tribes of the east frozen marches which extend in these regions from the forest belt to the shores of the Arctic.

Cheyenne is to have a hospital to be built and named in memory of the wife of General Pershing.

I was there to make a sketch of her. Luncheon was just over, and she was talking to a little knot of women.

"The first words I heard, as I slid quietly into a nearby seat, were 'National Biscuit,' recalling pleasantly my own tasty Uneda Lunches of some days when we had fortably as she spoke about my people and ears busy.

"Between the dark and daylight," she was quoting, "there's always a bit of pause—"

seems waiting and listening—for the children. Since they were not babies, I've given that to them. Then, when they were up in the air, I'd like to see you up in the air.

The original, inherent goodness of Uneda Biscuit is due to the superior materials and methods employed in the baking.

NATIONAL BISCUIT COMPANY

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